

Sports Panel Bios

Ashton Lambie

Sport: Cycling; Discipline: Track Cycling

Born and lives in Lincoln, NE

College: Hastings College, Music Performance and Business

Athletic Career Highlights include:

- 2018 Pan American Track Cycling Championships, gold(individual pursuit) with new American record and world record and gold (team pursuit) with new American record
- Began as an endurance and gravel rider, once holding the record for fastest ride across Kansas Started track racing on the only USA Cycling-certified grass velodrome, located in a pasture outside of Lawrence, Kansas
- Started a bike share program in college
- Listens to classic country music while training
- Recognizable by his handlebar moustache



Charles (Chuck) Kasson, PT, DPT, ATC, CSCS

Sport: Scottish Highland Games

Born in Amherst, NE, now lives in Lincoln

College: UNL, UNMC

Athletic Career Highlights:

- Won US Championships in 2017 and 2019 and World Championship in 2018.
- Got started in the Highland Games through the sport of Strongman; through which a few high level throwers got him involved with Highland Games and he's never looked back!
- Obtained his Doctor of Physical Therapy degree from the University Of Nebraska Medical Center. Chuck is a certified Athletic Trainer, receiving his degree from the University of Nebraska – Lincoln.
- Certified Strength and Conditioning Specialist (CSCS) since 2008.
- Clinical preceptor for the Nebraska Wesleyan Athletic Training Program in addition to being a clinical instructor for PT and PTA students.
- Enjoys spending time with his wife and two children.



If you'd like to brush up on your Highland Games knowledge, here's a link to watch the events that take place.

https://youtu.be/HdlSvZ8i_w0